



# First Aid to Save a Life!

## Pakistan

Announced

### 2-Days First Aid, CPR & AED

(Based on First Aid, CPR and ECC October 2010 Guidelines)



## Course Introduction:

**BasicPlus CPR, AED and First Aid for Adults** is a registered training course by MEDIC FIRST AID International. This training program is designed specifically for the occupational first aid provider and fulfills industry requirements. The course is based on the guidelines for CPR and First Aid, released in 2010. The new guideline also recommends re-education.

This course will help students to gain the knowledge skills, and confidence necessary to manage a medical emergency using CPR, AED and first aid until more advanced help is available.

This program focuses on to build essential skills. First Aid to Save a Life Pakistan is committed to quality of education and training which involves using premises that are conducive to learning and focusing on professional conduct of our trainers. We are committed to provide a sufficient range of equipment and training supplies to support all elements of the training program and effective learning.

## Benefits on Our Services:

**Local Laws Compliance:** Our training course enables you to meet your legal obligations as an employer. Let us assure our local students and customers that the requirements mentioned **Local Laws** are fulfilled by this course.

**International Compliance:** Our accredited training programs conform to national and international standards and are based on the scientific guidelines and treatment recommendations used by the most renowned resuscitation organizations including American Heart Association (AHA), American Red Cross (ARC), European Resuscitation Council (ERC) and others. Our training course fulfills the requirements of **Occupational Safety and Health Administration (OSHA)** worksite first aid training and **Occupational Safety and Health Act of 1970** as well.

**Company Well-being:** Courses contribute to the health, safety and welfare of all your employees, reducing the effect and seriousness of any accidents or injuries that occur in the workplace. As this course gives participants the skills and knowledge of basic first aid needed to be able to deal with the injuries most likely to occur in everyday life.

**Satisfied People:** Attendees complete our courses with a real sense of achievement, and are equipped with a rewarding new skill set. This course focuses on confidence building and involves them in real life scenarios where they watch, listen, analyze, strategize and demonstrate to best of their abilities to take control of situation.

## Course Advantages & Key Features:

01:- **Certification:** Successful participants will receive (individual) successful certificate with 2-years validity from MEDIC FIRST AID International.

02:- **Training Booklet:** Full-color Student Guide Book from approved course contents.

03:- **Wallet Skill Card:** A personal wallet skill guide card which can be used for quick reference/revision.

- 04:- Award-winning, professionally produced **videos**.
- 05:- Safe and effective first aid response techniques based on **G2010 Guidelines** for **CPR and First Aid**.
- 06:- A proven “**seeing, hearing, doing, speaking, feeling**” approach to learning.
- 07:- **Low-stress** training with user-friendly materials and positive coaching.
- 08:- Significant classroom time for **hands-on practice**.
- 09:- **Performance-based** student evaluation.
- 10:- 2-professional **adult CPR-AED training manikins** (with CPR monitor) for realistic experiences and feedback.
- 11:- 1-professional **infant manikin**.
- 12:- **First aid supplies** for pure training purposes.
- 13:- Training booklet, wallet card, certificate, lunch and high teas are included in course fee.
- 14:- AED training device for real life training experience.

## Course Summary:

<b>Intended Audience:</b>	Users include workplace first aid providers, emergency response team members, firefighters, security personnel & office workers.
<b>Prerequisites:</b>	None.
<b>Required Training Materials:</b>	MEDIC FIRST AID BasicPlus CPR, AED and First Aid for Adults Student Pack (one per participant) & Wallet Skill Guide Card.
<b>Training Supplies:</b>	Manikins, AED training device, gloves, masks, bandages & other supplies for practice.
<b>Recommended Completion Time:</b>	14 to 16 hours.
<b>Retraining Options:</b>	Annually refresher and repeat complete certification after every 2-years.
<b>Skill Assessment Procedure:</b>	Observation of reasonable performance of core skills and basic understanding of the course contents during the discussions and role-plays.
<b>Card Issued:</b>	Successful completion of course cards will be issued only to successful participants. And, recognition certificate will be issued to those who remained unsuccessful in skills assessment.
<b>Certification Validity Period:</b>	Up to 2 years.
<b>Mode of Payment:</b>	Cash payment or online transfer to Admin.
<b>Course Investment:</b>	For individual participants =15,000/- PKR.
<b>Discount:</b>	<b>10%</b> on early enrollment (before Aug 28, 2012)
<b>Group Discount:</b>	<b>15%</b> for enrollment before Aug 28, 12 (2 or more participants)

10% for enrollment before Sep 08, 12 (2 or more participants)

**Course Date:** September 29 & 30, 2012

**Course Venue:** Hotel Pak Palace, Islamabad Club Road.

**Note(s):** 1) Every individual course participant has to agree with the “Release & Hold Harmless Agreement”.

2) Every individual course participant has to agree and abide by the policies set up by training center (TC). A brief introduction of TC and course regulations will be given by course instructor before start.

## Course Enrollment Process:

We will be **pleased to reply** to any of your query regarding our courses. Please use below contact details for reservation and/or if you require more information.

E-Mail Addresses: [faisal@firstaidtosavealife.com](mailto:faisal@firstaidtosavealife.com)

[mubin@firstaidtosavealife.com](mailto:mubin@firstaidtosavealife.com)

Direct Numbers: +92 (0) 345 5656307 / +92 (0) 333 5103798

Web: <http://firstaidtosavealife.com>



## This Course in Your Company / Location:

If you have delegates with similar training needs, First Aid to Save a Life can also offer cost-effective **in-house** and/or **on-site training** solutions. Please contact us on above given addresses and contact numbers to confirm availability and to discuss your specific requirements.

## Join us to know more about our upcoming courses and updates.

**Facebook Page** [www.facebook.com/fatsalpakistan1](http://www.facebook.com/fatsalpakistan1)

**LinkedIn Profile** [www.linkedin.com/in/fatsal](http://www.linkedin.com/in/fatsal)

**LinkedIn Company Page** [www.linkedin.com/company/first-aid-to-save-a-life-pakistan?trk=fc\\_badge](http://www.linkedin.com/company/first-aid-to-save-a-life-pakistan?trk=fc_badge)

**Google+** <https://plus.google.com/101658742486125343169/posts>

**YouTube Channel** [www.youtube.com/user/FATSALPakistan](http://www.youtube.com/user/FATSALPakistan)

**Twitter** <http://twitter.com/#!/fatsalpakistan>

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