

2019

# First Aid to Save a Life



## Wilderness First Aid

**AMERICAN SAFETY & HEALTH INSTITUTE**  
APPROVED  
TRAINING CENTER

## Course Introduction:

**Wilderness First Aid** is a registered training course by **American Safety and Health Institute (ASHI)** of **USA**. Wilderness environments create special situations not usually encountered in an urban or suburban environment. With an ASHI Wilderness First Aid class, first aid providers in a remote outdoor setting will be better prepared to respond when faced with limited resources, longer times to care for someone, and decisions about when and how fast to evacuate an ill or injured person. This comprehensive 20-hour wilderness first aid course meets or exceeds the Boy Scouts of America Wilderness First Aid Curriculum and Doctrine Guidelines, 2017 Edition.

## Brief Course Content:

The focus of this course is on hands-on skills and scenario practices. This is highly interactive and adult learning course with information-filled slide presentations covering wilderness and remote first aid from a basic understanding of emergency response in an outdoor setting to specific techniques and considerations for a wide range of injuries and illnesses.

### Course topics include:

Preparation and Assessment

Biological Hazards

Preventing and Caring for Injuries and Illnesses

Other Wilderness Considerations

Environmental Hazards

First Aid to Save a Life is committed to quality of education and training which involves using premises that are conducive to learning and focusing on professional conduct of our trainers. We offer bespoke services and can arrange this training in an outdoor setup to make it more engaging and real life like situations. Furthermore, we are committed to provide a sufficient range of equipment and training supplies to support all elements of the training program and effective learning.

## Benefits on Our Services:

**Legal Compliance:** Our training course enables you to meet your legal obligations. This comprehensive 20-hour wilderness first aid course meets or exceeds the **Boy Scouts of America Wilderness First Aid Curriculum and Doctrine Guidelines, 2017 Edition**.

**Company Well-being:** Courses contribute to the health, safety and welfare of all your employees, reducing the effect and seriousness of any accidents or injuries that occurs. As this course gives participants the skills and knowledge of wilderness first aid needed to be able to deal with the injuries most likely to occur in remote areas.

**Satisfied People:** Attendees complete our courses with a real sense of achievement, and are equipped with a rewarding new skill set.

## Course Summary:

<b>Intended Audience:</b>	The ASHI Wilderness First Aid training program is intended for individuals who are not healthcare providers or professional rescuers but desire or are required to be certified in wilderness first aid knowledge and skills.
<b>Prerequisites:</b>	Certification in adult CPR and AED is required. Prior completion of a basic first aid class is strongly encouraged.
<b>Required Training Materials:</b>	ASHI Wilderness First Aid Student Pack (one per participant).
<b>Recommended Completion Time:</b>	20 to 24 hours (3-Days Training).
<b>Retraining Options:</b>	Annual refresher is recommended and repeat complete certification after 2-years.
<b>Skill Assessment Procedure:</b>	Written test with 80% marks to be declared pass. All students must perform required skills competently without assistance.
<b>Card Issued:</b>	Successful completion of certification will be issued only to successful participants. And, recognition certificate will be issued to those who remained unsuccessful during assessment.
<b>Certification Validity Period:</b>	Up to 2 years.
<b>Mode of Payment:</b>	Cash or cheque to training center director.

## Course Enrollment Process:

We will be **pleased to reply** to any of your query regarding our courses. Please use below contact details for reserving your seat and if you require more information.

E-Mail Addresses: [faisal@firstaidtosavealife.com](mailto:faisal@firstaidtosavealife.com)  
Direct Numbers: +92 345 5656307  
Web: <https://firstaidtosavealife.com>



### **This Course in Your Company / Location:**

If you have delegates with similar training needs, FATSAL can also offer cost-effective **in-house** and/or **on-site bespoke training** solutions. Please contact us on above given contact details to confirm availability and to discuss your specific requirements.